



Dyspraxia or Developmental Co-ordination Disorder is a life-long neurological difference and is Specific Learning Difficulty (SpLD) meaning a Dyspraxic's brain is wired differently to most and therefore the brain processes information differently giving them a unique experience of life. Every individual is unique and affected in different ways and to different extents.

POTENTIAL CHALLENGES -

MORE THAN JUST CO-ORDINATION!!



organisation/planning



sensory processing



sense of direction



speech



short-term memory



poor muscle tone



low self-esteem and social isolation



spatial awareness

WHAT IS DYSPRAXIA/DCD?

The most visibly identifiable challenges are those that relate to co-ordination....

fine motor co-ordination skills like:



tying shoe laces



doing up buttons



self care e.g. brushing teeth and combing hair

gross motor co-ordination skills like:



swimming



dancing

AMAZING STRENGTHS!



Strong empathy and thoughtfulness



Wit and humour



Creative thinking and solutions



hyper-focus (extreme concentration on a single task)



a fighter, perseverance and drive to succeed

A DYSPRAXIC CAN BE A:

BEST FRIEND

GRADUATE

CHAMPION

MOTHER/FATHER

EMPLOYEE OF THE MONTH

ROLEMODEL

HUSBAND/WIFE

SOURCE OF LAUGHTER

BRINGER OF JOY

BUSINESS OWNER

LISTEN FIRST. THEN EMBRACE. THEN EMPOWER.